Principal’s News:

We’re off and running in 2016-2017!

Children and Families Empowered for a Lifetime of Learning. I want you to know what our vision statement is because it drives our work. We see every year as a new opportunity to partner with you to help your child succeed and grow. Together, we believe that we can lay the foundation for a successful educational career in the Thompson School District. We invite you to be an active participant in your child’s classroom by getting to know the teaching staff and what’s happening in your child’s classroom. There are many ways you can also be involved in the program, such as participating in our Policy Council, Colorado Preschool Advisory Council, and/or attending the different events we will be offering in the 2016-2017 school year.

We look forward to working with all of you to make this year a successful and wonderful learning journey for your child!

Sincerely,

Lamb Caro, EC Administrator

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MARK YOUR CALENDAR:

- **No School:** Labor Day- 9/5/16
- **No School:** Teacher PD Day-9/6/16
- **Policy Council:** 9/19/16 5:00 PM
- **PBIS Family Night**
  **Come Meet HUGS!**
  9/29/16 4:30-6:30
- **P-T Conferences**
  October 12th Evening and All day October 13th

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**Social Emotional Resources**

Welcome to school! I’m sure you and your child are excited and possibly a little bit nervous. I hope that you have had a smooth transition into the school year. If you run into any bumps along the way, please feel comfortable talking to our fabulous teaching staff about your concerns.

My name is Mary Bowman, the Early Childhood Mental Health and Autism Coordinator. Susan Bartlett is our School Social Worker and Therapist. Susan and I will be working together to bring ideas, resources and information to you about the social and emotional needs of young children. As we move through the year, you will receive information about:

- Hugs (our mascot) “PBIS” - Positive Behavioral and Intervention Supports
- Home strategies
- Parenting support
- Community resources
- Web-based resources
- And more

Feel free to contact either one of us at any time at 613-5000

Have a great year!
As a reminder, school busses and cars are back in full force on the neighborhood streets and around Schools at this time of year. This greatly increases the chances of accidents with small children running into the school building or running through the parking lot to meet their families. It is very important to teach your children how to be safe when crossing the street, or walking through the parking lot at school.

- Do not allow children to cross streets alone. Teach your child to ask an adult for help before crossing the street or parking area.
- Do not allow them to run or dart across the street or parking area.
- Use sidewalks as much as possible.
- Teach children to be careful at cross walks. Even if the flashing sign says “walk”, look both ways for cars turning or not obeying before crossing the street.
- Teach children to treat driveways like intersections. Stop at the edge, and then look right and left for cars pulling out. Teach them to look for back-up lights on a car which means they are moving.
- Children getting off the bus must always cross in front of the bus, look left and right for oncoming cars and make sure the bus driver sees you before you cross. The bus driver will signal that it is safe to cross.
- Parents crossing the street with children must use the cross walk. It teaches children to do the same and it is much safer. There is often a crossing guard or flashing light that will signal the driver to stop and look for pedestrians. Running across the middle of a street is never safe.

Here’s to a safe 2016-17!

Christiana Shorten - EC Health Coordinator

**How to make APPLESAUCE!**

5 gala apples, peeled, cored and cut into quarters or any kind of apple you prefer
2 Tbsp sugar (more or less depending on taste)
¼ c. Water plus more as needed

Peel, core and cut the apples into quarters. Put into a 2-quart saucepan and add sugar and water. Cook over medium heat until soft. Mash with a masher or put into a blender or food processor until smooth. Spoon into serving dishes and sprinkle with cinnamon. May serve warm or cold.
Top 10 Ways to Get Kids Involved in Healthy Cooking & Shopping

How Can Kids Help?

10  Mean Green Cleaning Machine. Let them wash fruits and vegetables when preparing for cooking or eating.
9   Pick A Peck!  When shopping, let them select a new fruit or vegetable to try … or several!
8   Make It Snappy! Let them snap the green beans, snap peas, or break the flowerettes from the broccoli or cauliflower.
7   I Spy. Play “I Spy” in the produce section when grocery shopping.
6   Tear It Up! Let them tear the lettuce for salads and sandwiches.
5   Measure Up! Let them measure the frozen vegetables before cooking them.

See How Much You Need

4   Peel & Slice. Older children can peel and slice carrots, cucumbers, potatoes … the list goes on!
3   Stir & Spice. Make applesauce from fresh apples. Let them help stir and add the cinnamon.
2   A Sprinkle A Day… Let them sprinkle herbs or other seasonings onto vegetables.
1   Monster Mash! Pull out the potato masher!

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Family Engagement

**Attendance Matters in Preschool**

Preschool education is important for school readiness. We focus on social-emotional skills, math, language, literacy, physical development, and of course we have fun!!

There is a misperception that preschool attendance doesn’t matter. Unless your child is ill, it is very important that your child attend school every day. Research shows that students with lower preschool attendance have lower scores in all subtests when they reach kindergarten. Children who do not attend preschool regularly, are less likely to read proficiently by the end of third grade.

We know that children get sick, and we certainly want you to keep your child home if he or she isn’t feeling well. Be sure to call your child’s teacher by 9:00 am if your child will not be in school.


**Julie Lindsay, Family & Community Engagement Coordinator**

(970) 613-5053
Follow us on FaceBook:
www.facebook.com/ThompsonIntegratedEarlyChildhood

Get fun ideas, information on school events, and sometimes just a nice message to help your day go well.

We are also on the web at:
http://tinyurl.com/thompsonec