Dear Parents,

It’s hard to believe that it is already the end of the year! We hope that found this year to be an opportunity for you and your child to grow! Summer is a great time to reinforce what your child has learned. Think about what activities that you’ve done at home this year to help your child learn. Explore what other activities are available to your family in the community and continue to explore, talk, and read!

Thank you for joining us on April 14th for Early Childhood Literacy Night. We hosted over 400 people at Conrad Ball Middle School that engaged in fun activities while also received books for your home. A special thank you goes out to our community partners!

We will be sending letters out in late June as to placements for the 2016-17 school year. Please let us know if you have any changes in address, childcare or phone numbers over the summer. Our classrooms will be full so we may not have a space for your child if you move to another part of town and have not let us know. Please contact Sharon at (970) 613-5761 to update your information or if you have questions.

You have received information in your re-enrollments packets if your child’s physical or dental records need to be updated before school starts in the fall. Children must have current health information in their files to ensure that they can start the first day of school. Appointments may be difficult to schedule if you wait too long to contact your health providers. Please call Sharon if you have questions regarding your child’s records (970)613-5761.

Hope your summer is full of fun!

Sincerely,
Lamb Caro
The school year is almost over and it is time to think about all that has happened this year. Here are some things your family can talk about as you get ready for the summer:

- In what ways did I see my child grow this year?
- What are my child’s strengths?
- What do I want to ask my child’s teacher?
- What were some things I learned to do at home to help my child learn?
- What activities do we like to do as a family?
- How can I keep learning fun for my child?
- How do I make time for activities in our summer schedule/routines?
- What “jobs” can I give my child over the summer so he knows he is a family helper?
- What are some important things to tell my child’s teacher in the fall?
- How can I stay engaged in my child’s learning next year?

Make the most of the summer months together! Keep your child healthy, active and learning so he/she is ready for the next school year!

Julie Lindsay
Family and Community Partnership Coordinator  (970) 613-5053
MENTAL HEALTH CORNER:

Our children have learned so much over the school year. They have learned skills like identifying feelings, friendship skills, ways to calm down and strategies for problem solving. Take some time to reflect on how much your child has learned since September.

This is also a time of transition. Saying good-bye to teachers and friends can be hard to do. You may find that your child also has some anxiety about a change of routine for the summer or going on to Kindergarten next year. Take time to talk with your child about the feelings they are having about these changes and to reassure them.

Most of all, enjoy your summer!

Mary Bowman, Mental Health Coordinator

Sun Safety

Don't Feel the Burn

The sun can warm us up, help grow flowers and plants, and even gives us vitamin D which helps us have strong bones.

But we must be careful not to get too much sun- No Sunburns for US!!

Sunburns look bad and feel worse. They can cause blisters on your skin. They can keep you inside feeling sore when everyone else is outside having fun. They increase your chance of getting wrinkly when you get older. And worst of all, they can lead to skin cancer when you are an adult. Because getting wrinkles and getting sick don't happen right away, they can seem like things that could never happen to you. But you still need to be careful.

1. Always wear sunscreen.
2. Take frequent breaks from the sun by going indoors or moving into the shade.

These steps are especially important between 10:00 in the morning and 4:00 in the afternoon, when the sun's rays are strongest.

Use a sunscreen with an SPF rating of 30 or higher. Put on sunscreen 15 to 20 minutes before going out in the sun. The letters SPF stand for sun protection factor, and the number rating tells you how much longer you can stay in the sun without getting sunburned.

Don't forget to Drink water, also!

Reviewed by: Steven Dowshen, MD  Date reviewed: July 2013
Mexican Strawberry Water (Agua de Fresa)

Prep time 25 minutes Ready in 4 hours 25 minutes

Ingredients
4 cups strawberries, sliced
1 lime, cut into 8 wedges (optional)
1 cup white sugar
8 fresh mint sprigs (optional)
8 cups cold water

Directions
1. In a medium bowl, mix together sliced strawberries, sugar, and 1 cup of water. Cover the bowl with plastic wrap and place in the refrigerator for 4 hours.
2. Remove the strawberry mixture from the refrigerator and pour into a blender. Blend on high until smooth. Pour the blended berry mixture through a wire mesh strainer set over a large mixing bowl; discard the pulp and seeds.
3. Add the remaining 7 cups cold water to the pureed strawberries and mix well. Place the Aqua de Fresa in the refrigerator to chill for several hours or pour over ice and serve immediately. Garnish with lime slices or mint leaves.

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Ready, Set, READ!!!!

On Your Mark, Get Set, Go! Summer Reading Kick Off Event
June 1, 2016 from 1:00-3:00pm
On your mark, get set, GO with this year’s Summer Reading Program! Join us for a FREE concert at the lagoon, get crazy riding unique bikes with Pedalpalooza, try out double dutch with the Jumping Eagles, and much more. Take time to sign up for this year’s program and start earning points toward a free book!

More information can be found at