

MARCH
2017



AWAREnews



Jennifer Tracy's "Dare You to Move" Presentation at Wellness Night

"Do something today
your future self will
thank you for."

- unknown

Raquel Ramirez
AWARE Coordinator
(970) 613-6073
Raquel.Ramirez@
thompsonschoools.org

Jessica Long
TVHS Feeder Advocate
(970) 613-6882
Jessica.Long@
thompsonschoools.org

Lauren Harrington
LHS Feeder Advocate
(970) 613-5060
Lauren.Harrington@
thompsonschoools.org

Melissa Hart
MVHS Feeder Advocate
(970) 613-7176
Melissa.Hart@
thompsonschoools.org

Raquel Clark
BHS Feeder Advocate
(970) 613-6871
Raquel.Clark@
thompsonschoools.org

Wellness Night was a huge success this year thanks to all of our staff and community partners. Over 100 staff and community members attended the resource fair, break out sessions, and a powerful message from Jennifer Tracy. Sessions were presented to both students and adults on topics regarding trauma-informed care, suicide prevention, stress management, mindfulness and substance abuse prevention. The night couldn't have happened without the generous support and donations from over 15 companies and organizations. Thank you all for making this an educational, inspirational and motivating night for our community!

WERE YOU AWARE...?

37% of students with a mental health condition age 14 and older drop out of school—the highest dropout rate of any disability group.

Connecting students with mental health illnesses to appropriate treatment is vital to ensuring strong attendance and success in school.

National Institute of Mental Health. www.nimh.nih.gov

CONNECTION CORNER



Hailey Uphaus is a Behavioral Health Specialist for Thompson School District and is a vital piece of introducing and training staff and families in trauma-informed care and behavior management. She has 16 years of experience working in special education with an emphasis in behavior. She works closely with district social workers to support students, school administrators and staff. Hailey has a passion for helping students, staff and families, especially when it comes to behavior. She has launched the "B" Team (Behavior Team) for parents of students who attend TSD Affective Needs Learning Centers. The goal behind this team is to offer not only support, but information that directly relates to the needs of these students. Check out future newsletters and e-mails for upcoming dates/times and topics. Thank you Hailey for all of your work educating staff on behavior management techniques and improving classroom behavior!

#WeAreThompson

- UPCOMING COMMUNITY CLASSES AND EVENTS -

Please visit the ThompsonCARES website or click on the event name to learn more and for registration information. All classes below are FREE unless indicated otherwise.

T - Appropriate for TSD Staff **C** - Appropriate for Community Members **Y** - For Youth Only

C Parenting the Second Time Around

Grandfamilies, Foster & Adoptive Families

Wednesdays 12pm - 2pm, April 5th - May 3rd (5 weeks)

Life Spring Covenant Church, 743 Dotsero Ave., Loveland

C Powerful Tools for Caregivers - Grandfamilies

Grandparents raising grandchildren

Thursday Afternoons 12:30 – 2:30 pm, March 23rd - May 4th (6 weeks)

Mountain View Presbyterian Church, 2500 N. Garfield Ave., Loveland

C Parent Education Speaker Series

Wednesdays, February 22nd - April 19th, 5:30 - 6:30pm

CAYAC, 1302 S. Shields St., Ste. A1-3, Fort Collins

T **C** Youth Mental Health First Aid (YMHFA)

offered by Thompson School District

Ages 18+

- April 7-8 // 4-8pm Friday, 8am-Noon Saturday // TSD Admin Building - 800 S Taft Ave, Loveland

Y 2017 Youth Gardening Program

Ages 13-18

There is a sliding scale fee for the program, starting at \$10

10 weeks in the summer (Mon-Thurs, 9am-Noon) & after-school sessions in May, Aug. & Sept.

Loveland Youth Gardeners, 907 S. Lincoln Ave, Loveland

Y Applications for Student Commissioner Fall 2017 position

All High School Students

The Loveland Historic Preservation Commission (HPC) has an opening for one high school student to serve as a commission member for the 2017-2018 school year. Participation will officially begin September 2017. The HPC is an official board created to advise City Council on issues concerning historic preservation in the Loveland community and meets once per month on the third Monday from 6-8pm. All high school students who are residents of Loveland are eligible to apply. Application deadline is May 2.

Y Applications for Paid Summer Internship

Students 16-18 years old

Larimer County Workforce Center's CareerRise team is offering a summer internship program for eligible high school students. The program will provide participants with work readiness training followed by a paid summer internship in a field of interest. See ThompsonCARES website for more information and the application.

Please note that Thompson School District only endorses events that are presented by or sponsored by the district.