Cross Country

**Starts August 11th from 4:30-6pm.**

Meet on the west side of the building at the softball fields.
Practice is every day from 4:30-6pm

Check the website for information.

All athletes **must** have athletic paperwork, sports physical and fee turned in before they can start practice.

Please sign up on this link so coaches can plan for the start of their season.
https://forms.gle/KwXdFwDeo9QUknAe8

Volleyball

**Tryouts will be August 16th-18th**

**Monday August 16th**
6th - 4:15-5:15pm
7th - 5:15-6:15pm
8th - 6:15-7:15pm

**Tuesday, August 17th**
6th - 4:15-5:15pm
7th - 5:15-6:15pm
8th - 6:15-7:15pm

**Wednesday, August 18th**
6th - 4:15-5:15pm
7th - 5:15-6:15pm
8th - 6:15-7:15pm

Check the website for information.

All athletes **must** have athletic paperwork, sports physical and fee turned in before they can start practice.

Please sign up on this link so coaches can plan for the start of their season.
https://forms.gle/vpq5J3NjyiVrUWyk6

Swimming

**Practice Starts Monday, August 16th, 2021**

**Swimming Practice Schedule:**
Monday - 4:30-5:45pm @ LHS
Tuesday - Meet days but on Aug 17th & 24th practice will be 4:30-5:45pm @ LHS
Wednesday - 8-9:15 am @ LHS
Thursday - 4:30-5:45pm @ LHS
Friday - 7-8:15am @ LHS

**Diving Schedule:**
Mondays, Wednesday's & Fridays from 4:30-5:45pm @ TVHS
Tuesday are meets

Check the website for information.

All athletes **must** have athletic paperwork, sports physical and fee turned in before they can start practice.

Working on transportation but have not heard back. Please have rides set for 1st week of practice.

Please sign up on this link so coaches can plan for the start of their season.
https://forms.gle/NU7bSrF6GLg6Nh7S6

Please turn all paperwork into Heidi Christensen BRMS athletic director at the 1st practice or drop it off at the front office.
Questions?? email Heidi.christensen@tsd.org