HEALTH EDUCATION

The Board believes that a comprehensive health education program is an integral part of each student's general education.

The health education program should emphasize the functioning and proper care of the human body and encourage the development of lifelong, positive health habits. In addition, it should inform students about potential physical and mental health hazards they are likely to encounter in various life situations and help them to make sound, intelligent decisions when they are confronted with choices that could affect their health or that of others.

In addition to the requirements listed below, the customary policies and regulations concerning the approval of new curriculum content, units and materials shall apply to any comprehensive health education courses offered by the district.

1. The basic curriculum and instructional materials to be used in the health education program shall be available for inspection during school hours upon request by any member of the public. A forum to receive comments from the public concerning the basic curriculum and instructional materials used in the health education program shall be scheduled prior to Board adoption.

2. Parents/Guardians of all students shall be notified in writing prior to the student's involvement in the health education course. The notice to parents/guardians shall include a detailed, substantive outline of the topics to be presented. The notice to parents/guardians also informs the parents/guardians that they may exclude their student from a specific portion or portions of the instruction on the grounds that it is contrary to religious beliefs and teachings or closely held personal beliefs of the student or the student's parent/guardian.

3. Student exemption requests shall follow policy IMBB, Exemptions from Required Instruction. If a student is granted an exemption, an alternative educational assignment shall be arranged.

4. Each school shall give parents/guardians so requesting an opportunity to review the materials to be used and participate in a conference with the instructor and principal in order to assist the parent/guardian in determining whether to request an exemption for the student from a specific portion of the planned instruction.

5. Teachers may invite community-based speakers to enhance the health education curriculum by presenting timely and appropriate information on topics covered in the learning materials. Such speakers must be approved in advance by a committee of health educators and district administrators and will be listed in the health teachers' resource guide. The guide will be updated regularly. It shall be the responsibility of the health teacher to prepare the students for, and follow up on, presentations by community-based speakers.

6. Teachers who provide instruction in comprehensive health education shall have professional preparation in the subject area, either preservice or in-service.

Adopted May 5, 1993
Revised October 21, 2009
Legal Refs.:  20 U.S.C. 7906 (No Child Left Behind Act of 2001)
C.R.S. 22-1-1-110.5 (education regarding human sexuality)
C.R.S. 22-25-104 (Colorado comprehensive health education program)
C.R.S. 22-25-106 (4) (local comprehensive health education programs)
C.R.S. 22-25-110 (2)(b) (exemption procedure required)

Cross Refs.:  IGA/IGF, Curriculum Development
IGD, Curriculum Adoption
IHAMB, Family Life/Sex Education
IMBB, Exemptions from Required Instruction
KEC, Public Complaints about the Curriculum or Instructional Materials