Athletic Training Clinic at Bill Reed Middle School

We are pleased to continue the athletic training clinic program here at Bill Reed Middle School for a second year. This year our students will continue to have access to a Certified Athletic Trainer during the lunch period once a week. This will be available each Tuesday and will be held in the cafeteria. While this effort is targeted at our student athletes, any student is welcome to come talk to the athletic trainers while they are on site. This service is a joint initiative of Orthopaedic and Spine Center of the Rockies and University of Colorado Health to increase the availability of athletic training services in the community. In addition to the weekly school visits, students and parents will have access to our athletic trainers at a Monday morning athletic training clinic, held at both the Loveland and Fort Collins offices of Orthopaedic and Spine Center of the Rockies between 8:00 and 10:00 AM. For additional information about athletic trainers and this sports medicine program, see our FAQ below, or contact one of our athletic trainers directly.

Our Athletic Trainers:
Allison Morin MS, ATC
(970) 342-0364
amorin@orthohealth.com
Jessica Smith, ATC
Joining the team in September!

Frequently Asked Questions

What is an athletic trainer?
Athletic Trainers (ATs) are healthcare professionals who collaborate with physicians. The services provided by ATs comprise prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. Students who want to become certified athletic trainers must earn a degree from an accredited athletic training curriculum. Accredited programs include formal instruction in areas such as injury/illness prevention, first aid and emergency care, assessment of injury/illness, human anatomy and physiology, therapeutic modalities, and nutrition. Classroom learning is enhanced through clinical education experiences. More than 70 percent of certified athletic trainers hold at least a master's degree. For additional information please visit: http://www.nata.org/athletic-training

When should my child see an Athletic Trainer?
If your child has been injured, but you're not sure he or she needs to see a doctor, or if you are looking to get a better idea of how to treat a particular injury at home. Many times injury healing can be accelerated with a good injury evaluation and some pointers and “homework” from our athletic trainers.

How can I access this service for my child?
There are several opportunities to access our athletic trainers:
- At the Loveland or Fort Collins location of Orthopedic and Spine Center of the Rockies on Monday mornings between 8:00 and 10:00AM in the therapy department. We may also be able to be more flexible, so don't hesitate to call one of the ATs. It is best to reach the ATs directly at the contact information provided above, rather than calling OCR, as this is a special scheduling issue. A parent or guardian will need to accompany your child for this service.
- On site at Bill Reed Middle School cafeteria during lunch period on Tuesdays. This is walk up, and no appointment is needed. You are welcome to come and meet with the ATs with your child, but if you are unable to do so we are happy to send home information with your child, and/or contact you directly.

What cost is associated with the clinics?
There is no cost for accessing athletic training services through this program, either to the school or to individuals seeking treatment. This is made possible through a joint initiative between Orthopedic and Spine Center of the Rockies and University of Colorado Health. As appropriate, our athletic trainers may refer your child to other health professionals. At that time, billing would proceed through your insurance as with any typical office visit.