Welcome to the 2022/2023 school year. We are excited to see and support our GT community again this year. As we all ease back into the routine, I’ve come across some good suggestions and reminders to help our kids study effectively, ease the pain of homework and start the year off on sound footing.

Sincerely,

Michelle Stout - Gifted and Talented Parent Liaison

Beautiful and Brilliant: A Lesson for our Gifted Girls

“Researchers consistently have found that girls with high ability feel compelled to hide their intelligence,” states Linda Silverman. “Essentially, the gifted young woman is faced with a Sophie’s Choice: if she chooses to be true to herself, to honor her drive for achievement
and self-actualization, she breaks some unspoken rule and faces disconnection (Gilligan, 1988). Read more...

Perfectionism Is A Pathology, Not A Character Strength

We all know perfectionism as a quality we’re meant to be proud of, especially in professional settings. Society frames the drive to be perfect as a sign of a competent and ambitious individual. The word is synonymous with excellence.

But emerging research in psychological science suggests that we pay a high price for our pursuit of perfection. Here are three ways perfectionism leaves us and our minds susceptible to psychological damage. Read More...

Student Art Contest

CAGT invites our gifted and talented art students from around Colorado to share their artistic talents with the attendees at this year’s conference. Students who attend any K-12 school or homeschool can create their artistic interpretation of our conference theme, Unconventionally, Unconditionally Gifted, and share it with us this fall at CAGT’s Annual Conference, October 16-18, 2022. This is a wonderful opportunity for students who have already been identified as gifted in art and for students who are in the process of being identified. Submissions are due by Monday, September 19th.

Click here This contest is hosted by CAGT, not Thompson School District. Please direct all questions to CAGT directly.

100 Words of Wisdom

“We often spend so much time advocating for our gifted children, students, and clients — explaining how they are different from the norm — that it is easy to forget the commonalities they share with other children, as well as the job we have in raising and guiding them. Gifted children, like all children, need to learn to cope with life’s curve balls; to persevere in the face of adversity; to deal with change; and to learn how to play with,
negotiate, and compromise with others. These skills are far more valuable than reading, writing, and math, will take them farther, and are essential for success in life. ” Dan Peters, Ph.D. Read More...

Ending The Homework Battle
What do you do when your child isn’t doing schoolwork without an epic battle every single day? Now add giftedness to the mix just for fun? Motivation is a tricky thing and every child is different. Here are 11 ideas for how to get kids to do homework without raising your blood pressure 30 points. Read more... GG

Homework Checklist & Plan ⬇️

6 Strategies for Effective Studying
You know who you are. You don’t like studying. In fact, when people suggest that you study, you’re not completely sure what they mean. As a gifted kid, studying is a sticky wicket. We don’t have to do it as often as more typical learners, so sometimes we have poor habits. Or, you know, no habits. Just sayin’. So, this list of 6 strategies for effective studying is for you. Read more... GG

Family Institute Registration is Open!
The CAGT Family Institute is designed specifically for parents, guardians, grandparents, and any adult who plays an integral role in raising their gifted children. During the event,
our presenters will share their expertise on how to support the unique academic and social-emotional needs of these children when at home. The Family Institute takes place on Monday, October 17th, from 5:30 pm to 9:00 pm. at the Embassy Suites, John Q. Hammons Conference Center in Loveland. This year, it is $30 for up to two members of one household to attend. What a deal! Download Flyer

This event is hosted by CAGT, not Thompson School District. Please direct all questions to CAGT directly.

Subscribe to our list

* Name

* Email Address

Subscribe

Event Registrations

NEW!

GT Upcoming Events can be found below on our News page as well as from the GT landing page alphabetical menu. RSVPs are built into each calendar event. Please register to attend events via the event calendar.

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEP 20</td>
<td>7:45 AM - 8:15 AM</td>
<td>GT Greet and Meet - Big Thompson Families</td>
</tr>
<tr>
<td>OCT 4</td>
<td>5:00 PM - 6:00 PM</td>
<td>Conversations with CAGT - Facebook Live Events</td>
</tr>
<tr>
<td>OCT 17</td>
<td>5:30 PM - 9:00 PM</td>
<td>CAGT Family Institute</td>
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Conversations with CAGT - Facebook Live Events

OCT 25 6:00 PM - 7:15 PM
Underachievement in Gifted - Lisa Van Gemert

NOV 1 5:00 PM - 6:00 PM
Conversations with CAGT - Facebook Live Events

NOV 15 5:00 PM - 6:00 PM
Conversations with CAGT - Facebook Live Events

Resources

Supporting Emotional Needs of the Gifted
Hogies Gifted Education Page
Articles, Blogs, Podcasts, and Videos
TSD GT Lending Library
Executive Functioning Success - Marydee Sklar
GiftedGuru - Lisa Van Gemert - Gifted Parenting
Seth Perler - Executive Function, ADHD, 2e
Summit Center - Gifted Parenting

Counseling

Dr. Patty Gatto-Walden
Boulder and Denver, CO
217-840-0220
pgwalden@msn.com
www.patriciagatto-walden.com

Catherine Zakoian, MA, NCC, LPC
Boulder, Denver, Vail
303-247-9001
www.catherinezakoian.com

The sources listed above are intended for reference purposes only and shall not be deemed to imply a recommendation, endorsement, or approval of the services provided by such person or entity.
Discover what it takes to make your ideas a business reality in a series of fun, hands-on weekend sessions. Work with veteran business leaders and build a business model you can put into action TODAY. Pitch your idea to a panel of entrepreneurs and compete against your peers to win money (over $2,200 in prize money to give away!) to help you start your new enterprise.

The Details:

- Youths ages 18 and under are invited to participate.
  - If you previously applied to a canceled YET event and are now over the age of 18, we encourage you to apply.
- Training and mentorship will occur on consecutive Saturdays, October 1st, 8th, 15th & 22nd at 200 W. Oak Street, Fort Collins, CO.
  - Participants will develop and refine their business plans with experienced business leaders.
- Pitch your business plan to a panel of judges and compete for over $2,200 in prize money, including a $1,000 top prize. Learn what it takes to start your business and start earning money today!
  - The final pitch event will occur on October 29, 2022.

Click here for more info 🔄