Mindset

"Maybe basketball just isn't your game."
"You're so smart!"
"You are gifted – a naturall!"
"That's just how he is."
"I don't get math.....yet."

Are these just words or do they mean more?

Children receive messages on a daily basis from their peers, parents and teachers. How are children affected by the words we use to praise, coach and criticize them?

Growth Mindset Workshop
Tuesday, March 27
TSD Administration Building - Rm 128
6:30-8:00 pm map

"The praise that mothers give to their 1, 2 and 3 year olds predicts a child's mindset."
Carol Dweck

Wait, I'm not sure what mindset means? View and learn below.

The 3rd Northern Colorado Expanding Your Horizons Conference
Saturday, April 14th at CSU

Expanding Your Horizons in Science and Mathematics™ conferences nurture girls’ interest in science and math to encourage them to consider careers in STEM and are held all over the United States.

All girls in grades 6-8 are welcome.

This year’s workshops include:
- Brain Power
- Operation Design and Build
- Exothermic Ice Cream & Unicorn Eruptions

Registration for the conference will begin on March 1st, 2018 and is $10 (financial assistance available).

Visit NoCo EYH for more information.

Good Reads & Links

Scientific American
The Secret to Raising Smart Kids - Don’t tell your kids that they are

New York Magazine
How Not to Talk to Your Kids: The inverse power of praise.

The Wall Street Journal
"How can a simple belief have the power to transform your psychology and, as a result, your life?"

"...a disproportionate number of successful CEOs have learning disabilities, when compared to the general public. Why is this so?"

Find out at Fountly

Why do poor students who have a growth mindset perform better than wealthier students?

Find out at neaToday

"The more parents believed that failure is debilitating, the more likely their children were to see them as concerned with their performance outcomes and grades rather than their learning and improvement."

Read more at NPR
Messages About Failure

Nine-year-old Elizabeth was on her way to her first gymnastics meet. Lanky, flexible, and energetic, she was just right for gymnastics, and she loved it. Of course, she was a little nervous about competing, but she was good at gymnastics and felt confident of doing well. She had even thought about the perfect place in her room to hang the ribbon she would win.

In the first event, the floor exercises, Elizabeth went first. Although she did a nice job, ... continue reading at Mindsetonline.com

6 Tips from Carol Dweck

1. "A growth mindset is not a panacea, but it does empower [students] and help them learn."
2. "Let's legitimize that fixed mindset, because we all have it somewhere; we are all a mixture."
3. Naming your fixed mindset persona creates a fun, comfortable way of discussing it with your peers.
4. If parents want to nurture growth mindset in children, move beyond just pushing them toward effort; help them identify new strategies so that effort can be productive."
5. "Students are less likely to avoid "looking dumb" and more likely to try new approaches if they believe that their school is interested in their success."
6. Caution - "We used to say kids don't have the ability. Now we're saying they don't have the mindset? I think it's protective. It's our way of saying 'It's not my fault that child isn't learning.'"