Perfectionists come in many packages.

Some perfectionists seem to enter the world being intense and demanding. For others, perfectionism is a learned behavior influenced by adults in their lives. Some may only demand perfection when it comes to school or work. For those who struggle with perfectionism, it can be a life-long challenge. Yet, people can learn to cope with perfectionism.

Mon., November 6 - 6:30 - 8:00 pm
Thompson School District
Administration Building - Rm 128
(entrance by the picnic tables)
Although research shows that during the fall semester college student procrastinators are happier and less stressed than students who do not procrastinate, the roles are reversed in the spring.

Adolescents are particularly at risk for... Continue reading at Parenthetical

What does it mean to be gifted?

Discovering Future Makers

Parents: You are invited to discover how your student can become a future maker with the NO CO Manufacturing Partnership. Meet local manufacturers and educators and discover the revitalized industry of manufacturing.

November 2, 5:00-7:00 pm
Woodward, Inc.
1041 Woodward Way (map)

Students: Must be 16+, wear closed toe shoes to attend the shop tour.

Learn More

Myths About Gifted Students

"Gifted students do fine on their own."

"Gifted programs are elitist."

These and other myths prevent our country from appropriately educating millions of advanced students. What myths about giftedness do you encounter most often?

Myth - Gifted students are nerds

This may have been a myth brought on by the 1980s movie Revenge of the Nerds, where people called nerds looked a certain way and were seen as outcasts. Sometimes gifted

Did you know Good Will Hunting was based on Matt Damon's real life? Actually, Matt Damon attended Harvard (though later dropped out) and wrote the initial script for Good Will.
students can feel like outcasts because they are so smart, and sometimes gifted students don't always make friends easily so they may feel like an outcast themselves and to those around them.

Sometimes students in a classroom feel intimidated by smart students so they begin to call them names and begin to disassociate themselves with gifted children. Source: High Ability

Ashton Kutcher might have played an airhead on That '70s Show, but he has a reported IQ of 160 - the same as Stephen Hawking. He attended the University of Iowa with a planned major in biochemical engineering. His original career path was to discover a cure for his twin brother Michael's heart issues. Source: Hollywood.com

Myth - Gifted students develop socially/emotionally faster than other kids

Asynchronous development refers to uneven intellectual, physical, and emotional development. In average children, these three aspects of development progress at about the same rate. That is, the development is in "sync." An average 3-year-old has the intellectual and physical abilities as well as the emotional maturity as most other 3-year-olds.

However, in gifted children, the development of those areas can be out of "sync." The gifted child's intellectual development can be more advanced than her physical and emotional development, which progress at a different rate.

For example, a gifted 5-year-old can be discussing the problem of world hunger one minute and the next minute throwing a tantrum because he has to go to bed. Read more at VeryWell.com

Myth - Gifted students don't need help, they'll do fine on their own

Wait, but won't gifted students do just fine on their own?

Sure, if 'bored, frustrated, and tuning out' means 'fine.'

Would you send a star athlete to train for the Olympics without a coach? Gifted students need guidance from well-trained teachers who challenge and support them in order to fully develop their abilities. Many gifted students may be so far ahead of their same-age peers that they know more than half of the grade-level curriculum before the school year begins. Their resulting boredom and frustration can lead to low achievement, despondency, or unhealthy work habits. The role of the teacher is crucial for spotting and nurturing talents in school. Source: NAGC
If you are one of the *This is Us* fanatics, you will remember this scene. At age nine, Randall's teacher informed Jack and Rebecca that Randall was a gifted child who was not being challenged enough at his current school. Yet, Randall was holding himself back in school.

"Giftedness is not always seen as a socially positive and valued trait. Many gifted kids are bullied, others underachieve to hide their abilities, continue reading at The Huffpost.

Perfectionism has a dark side, too. Perfectionism and its partner-in-crime, fear of failure, can contribute to task avoidance, underachievement, and a reduced self-concept.

Gifted children are often said to have a heightened awareness of the world around them, and that includes an awareness of their risk of failure in a given situation. Continue reading at My Little Poppies

Local Advocacy

The NOCO Gifted Community is an affiliate of the CO Association of Gifted & Talented.

The purpose of the NOCO chapter is to follow the CAGT mission to foster an understanding of all gifted children and their exceptional needs, and to advocate for appropriate education through partnerships with educators, parents, administrators, and more. Learn More