At Home COVID-19 Symptom Screening Tool For Parents and Staff

Parents and guardians can use these symptom checklists to determine when to keep their child at home. School staff can also use this tool to determine if they need to stay at home. Any student or staff diagnosed with COVID-19 or who is a close contact of a COVID-19 case should not go to school and should isolate or quarantine according to public health recommendations regardless of current symptoms.

This symptom screen refers only to new symptoms or a change in usual symptoms. A student/staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance). Please refer to the CDPHE (Colorado Department of Public Health and Environment) Return to Learn guidance to determine when it is appropriate to return to school.

If your child is you are experiencing any potentially life-threatening symptoms please call 911.

Symptom Screen: If any of the following symptoms are present, keep the child at home/stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- Feeling feverish, having chills, or temperature 100.4°F or higher.
- New or unexplained persistent cough.
- Shortness of breath/difficulty breathing.
- Loss of taste or smell.
- Fatigue.
- Muscle aches.
- Headache.
- Sore throat.
- Nausea or vomiting.
- Diarrhea.
- Runny nose or congestion.

NOTE: individuals placed in quarantine by public health as a close contact of a positive or probable COVID-19 case are required to complete a full 10 day release from school (return on day 11) unless the individual has remained symptom-free and obtained a negative test on or after day 5 of quarantine and continues to have NO symptoms, then return on day 8 of quarantine may be approved. Families/staff MUST email the Thompson School District Operations Dispatch Center with the testing information and their current quarantine letter at security@thompsonschools.org, to participate in testing out of quarantine.

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