** PIE Night  

On February 5th from 6-8pm HPS staff, students, and SAAC members will host a Partners in Education event where parents/guardians can learn about multiple programs and activities High Plains School provides. Richmond Homes will provide pizza for participants! Please see details and topics in the sign up genius, [PIE Night @ HPS Feb. 5, 2019](#)  

** Student-Parent-Teacher Conferences  

On the evenings of February 26th, 27th, and 28th students will be sharing with their parents their learning and goals for the remainder of the school year. The Sign-up Genius for K-5 parents is available at [HPS February 2019 Student Led Conferences](#).  

Middle school parents and students will drop in during the 3 nights at a time convenient for them. Following the student led portion students and parents may meet with the teacher for additional information, if desired. Mrs. Thompson will also have art displays throughout the school for parents and students to check out. Mrs. McGee and Mrs. Payton will host the Book Fair during that time too.
Parent-Student Handbook

Stay in the know! Please check out the HPS Parent/Student Handbook, especially pages 8-10 to learn about school parties, field trips cold & inclement weather, and other topics.

CMAS

The week of March 25th-29th third through eighth grade HPS students will participate in Colorado Measures of Academic Success (CMAS) for English Language Arts and Mathematics. The week of April 8th-12th fifth and eighth grade HPS students will participate in CMAS tests for Science. Please avoid scheduling appointments or taking students out during this window. A specific testing schedule for both CMAS windows will come out in March. To learn more about CMAS please go to https://www.thompsonschools.org/Page/20134

Thompson School District is in the business of educating students. We are preparing our students to have the knowledge and skills for their future college and career choices. The results from the CMAS, PSAT, and SAT assessments provide:

- Valuable information about student achievement toward grade level expectations
- Evidence of student growth from one school year to the next
- Evidence of the skills and competencies necessary for college and career readiness

continued on next page
CMAS

The results of the assessment are utilized by the Thompson community in the following ways:

- Students and parents can identify areas of strength and improvement
- Schools use the results to assist in accelerated/intervention course placement
- High School students can use the PSAT and SAT results to support decisions around high school course selections including advanced coursework options
- Teachers make decisions to better support individual students during instruction
- District-level administration utilizes the results to determine the effectiveness of curriculum and instructional practices which support decisions that are made with regard to professional development and the use of resources.

Bully Prevention

High Plains is in its third year of receiving support for the Bully Prevention Education Grant. My name is Niki Van Essen, and I am the new Bully Prevention Implementation Coordinator. I am happy to be joining High Plains with its social-emotional learning and overall well-being of students. High Plains has developed a great foundation with its social emotional learning efforts; I will be here to support scaling up programs like PBIS, Second Step, and Restorative Practices. I look forward to working with students and staff to empower kids with courage, resiliency, and acceptance of differences!
Reminder for Late Start Wednesday

Thank you families for doing a wonderful job remembering each Wednesday is a late start for schools throughout TSD. This time allows educators to collaborate in their planning and professional growth opportunities to better support students. Students may be dropped off on campus beginning at 9am on Wednesdays.

Parents are encouraged to take advantage of Base Camp offerings, as well as the Spanish and Chess offerings on Late Start Wednesday mornings. Please read further for more details on those offerings and how to register.

Kindergarten Tours

Parents of incoming Kindergarten students are welcome to attend one of three tours scheduled for February 8th and March 29th. The tours are an opportunity for parents of incoming Kindergarten students to tour the school and learn more about what their child will experience in Kindergarten. Tours are scheduled for 3:45pm. Please contact Kylie Boucha, registrar at 679-9802 to schedule your tour. This tour is for parents only, so please do not bring children. In late spring High Plains will offer a time for incoming Kindergarten students and parents to meet with Kindergarten teachers.
Yearbook

High Plains School is proud to offer a hardcover yearbook that includes Early Childhood through 8th grade. We are covering all sorts of activities and are excited to offer a 64-page full-color book for only $35. You can purchase the book online anytime you wish. Please go to JostensYearbooks.com

If you have any questions or would like to pay by check, please email Mark.Kubichek@ThompsonSchools.org

You will only receive an advertising email from Jostes in late January if you have NOT yet purchased a yearbook for this school year.

Thanks, Mark Kubichek, Yearbook Advisor

Exercise equipment

HPS Families,

We are exploring the possibility of adding some exercise equipment in various locations throughout the school for student use during the school day. We are looking for exercise bikes, mini trampolines, balance boards, and rowing machines. Would any of you have any of these gathering dust in your basement? Would you be willing to donate them to High Plains School? Please take a picture of the piece of equipment and email it to: katherine.weaver@thompsonschools.org.

Please do not bring equipment to school until you hear from me to confirm your donation. Thank you so much for considering donating your exercise equipment to our school.

Katie Weaver OTR, High Plains School
News from the Library

The Spring Book Fair Is Coming!

The Scholastic book fair is returning to High Plains School just in time for our spring student-led conferences, February 26-28. Reading for pleasure inside and outside of school has real and long-lasting benefits, unlocking the power of information and imagination and helping children discover who they are. All purchases benefit our school; online ordering is also available, beginning February 17th and ending March 2nd, with free shipping to the school (you can locate our homepage at scholastic.com/fair). We hope to see you at the Book Fair!

High Plains School Ebooks: At Your Fingertips!

Students at High Plains are fortunate to have a wealth of digital resources at their fingertips. Thousands of ebooks can be accessed at any time by following these five easy steps:

- Visit our school's website (highplainsschool.org)
- Select "Library" under the "Resources" tab.
- Click on the Follett Destiny icon in order to search our catalog and read or borrow ebooks.
- Choose to log in using Google SSO if in district or by entering district credentials:
  - **Student user name**: student’s district username (if an email address is requested, simply add @thompsonschools.org to the username)
  - **Password**: student’s district password (student number preceded by three student-specific numbers/letters)
- *(Note: You can find your child’s username and password on Parent Portal. Please contact Megan McGee at megan.mcgee@thompsonschools.org if you have any questions.)*
- Happy Reading!
Blood drive

Blood Drive at High Plains School! Location: 4255 Buffalo Mountain Drive, Loveland Date: Friday, 2/15/2019
Times: 10:00 a.m. to 2:00 p.m. Sign-up: SCAN the QR CODE below to sign up! (Or Click Here) High Plains School is partnering with UC Health’s Garth Englund Blood Center to bring the blood-mobile back to the neighborhood! Give us 45 minutes and save a life! For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients. While the actual draw only takes 5-8 minutes, before that, we do need to work with you to complete some paperwork and do a quick vitals check to ensure your well-being and the safety of the recipient.

Be sure to:

- Bring a photo ID
- Eat a good meal; you burn 650 calories while donating.
- Hydrate the day before and the day of donation
- Share this information with others - the more the merrier!

We ask:

- Please use pen to complete the questions – i.e. no use of a PDF writer or other design program to write on the electronic copy. 2
- Please answer question 1 (feeling healthy and well) the day of the blood drive.
- Please print out the first two pages of the form; the rest are for your reference to read prior to coming to the bus. If you cannot print the form two sided, please staple the two pages together. To ensure a speedy confirmation process, please observe these requests: 1. Complete your paperwork prior to coming to the bus. This includes having all travel documented from the past three years and have your ID as well.

Garth Englund Blood Center · Every 3 seconds someone needs blood. An average of 40,000 units of blood are needed every day in the U.S. · 20% of blood recipients are children – many are cancer patients! · Giving blood is easy. It only takes about 40-45 minutes. · You can save 2 lives. For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients. · You can help people in your home town. Blood donated with the Garth Englund Donor Center are used right here in Northern Colorado. · Your fluid volume is replaced very quickly. The human body is amazing. Your body will replenish the fluid lost during the donation within 24 hours. · There is a great need for blood. Disasters like car accidents, fires, and other trauma cases happen every day. A bleeding trauma victim can run through 100 units of blood in no time. · For men, there is a life-saving benefit to donating blood. Research shows if men give blood three times a year they can reduce their iron overload and therefore their risk of heart attack by as much as 50%!

8 Reasons to Donate Blood For more information or to schedule an appointment, contact: Garth Englund Blood Donation Center 1025 Pennock Place, Suite 104 Fort Collins, CO 80524 970-495-8965
Counselor’s Corner

We are working hard at High Plains to support our students’ social-emotional learning. Managing emotions, resolving conflict, making decisions, and showing empathy are all part of our social-emotional development, and it takes time and practice to develop these skills. We have several things in place at High Plains to help support this area of development!

This semester, we are excited to welcome Quinn Hutchinson to the counseling team! Ms. Hutchinson is a master’s student at Colorado State University in the Counseling and Career Development program. Last semester, she completed a full time internship at Turning Point Center for Youth and Family Development as part of her Mental Health specialization for her graduate program. This semester she is completing her internship at High Plains for her School Counseling specialization. Ms. Hutchinson is a great resource and is excited to support our students’ social-emotional development. Welcome, Ms. Hutchinson!

Second Step Spotlight!

In Second Step, your student is learning how to identify emotions in themselves and others, which helps students build empathy and resolve conflicts. You can support this learning at home. Ask your child’s teacher for Second Step resources you can use at home. This month, we are going to spotlight things you can do at home for your kindergarten students! This tool is identified for kindergarteners, but can be used successfully with many younger kiddos.

Kindergarten Second Step:

Practice at Home
Help your child identify and name feelings, using physical clues to help. Name feelings as you, your child, or others are experiencing them. For example:
Your child is getting upset when you say it is time for bed. I can see by the way your mouth is turned down and by your droopy eyes that you are feeling disappointed that it’s time to stop playing and go to bed.

K-5 Second Step:

All students are learning strategies for calming down. Good days and bad days are a part of life, and we want students to have tools for successful emotion management. Second Step uses visuals in the classroom to help students identify how they are feeling and what they can do about it, so if they haven’t already, they have probably used this poster in their classroom! Ask your student what their signal is what strategies work for them to help them calm down; Second Step teachers students how to breathe, count, and develop positive self-talk, but you may have some great strategies for them as well!
Health Office News

Greetings from the health office! It has been a whirlwind here in the office with fevers, vomiting runny noses etc! Please refer to our student handbook for guidelines for when to keep your student home. Because of the large amount of illness we are seeing, when you call your student in absent, please state the symptoms/nature of illness on the recording so that we can begin tracking numbers and causes of illnesses.

STUDENT ABSENCES

The following are some common health conditions for which a student will not be permitted in school; less common conditions are not listed.

- **Cough**: severe uncontrolled coughing or wheezing, difficulty breathing, blue or red color to face with cough, high pitched whooping sound with coughing or vomits after coughing.

- **Diarrhea** (stools that are looser or more frequent than usual) when accompanied by symptoms of illness (vomiting, fever, abdominal pain, or jaundice), when it contains blood or mucus, or when stools cannot be contained in a toilet, or when stool is not contained within a diaper for diapered children.

- **Fever** Illness: Temperature greater than 101°F: with signs of illness such as rash, sore throat, vomiting, diarrhea, stiff neck, difficulty breathing, or behavior changes.

- **Flu Symptoms** including fever (>101°), sore throat, cough, runny nose, body aches, vomiting, or diarrhea. Stay home from school until fever or symptoms of fever are gone for 24 hours without the aid of medications.

- **General Illness** with or without fever, along with changes in behavior and/or the student looks and acts sick, which the health department defines as a student who is not able to participate comfortably in his/her usual activities or if the student has persistent crying and requires more care than school personnel are able to provide.

- **Signs of possible severe illness**: (for example: persistent crying, extreme irritability, uncontrolled coughing, difficulty breathing, wheezing, lethargy)

- **Strep Throat**, scarlet fever, or other strep infection until **24 hours after treatment started** and the child no longer has a fever.

- **Vomiting**: when this occurs more than two times in 24 hours, or occurs once and is accompanied by symptoms of illness (such as fever, stomach pain, or diarrhea), is the result of a head injury, or if the vomit appears bloody.

Also, I am in need of some extra clothing. Items that would be greatly appreciated are:

- Girls pants and shirts sizes 5 to 8
- Boys pants sizes 5-8
- Gently used underwear and panties

Thank you so much and stay healthy!
High Plains PTCO
What’s Up!

The PTCO Funded $760 to Help Support Our School!! Items approved include:

- Scholarship for Girls on the Run

Mark Your Calendar!!

- PTCO Meeting – February 19th at 6:30 pm – Childcare will be provided!!
- Chipotle Fundraiser Night – March 11th
- Spring Carnival – April 5th from 5:30-7:30 pm

We Appreciate Your Support

- Thank you to everyone who came out to the Panera Fundraiser. We had a great turn out!
- Thank you to everyone who participated in Bingo for Books night!!

Caps4Cash - Morning Fresh Dairy Products

- You can earn cash for our school by drinking milk or juice! Caps4Cash is a Morning Fresh Dairy program where High Plains School can earn cash by collecting caps from Morning Fresh Dairy bottles.
- Each bottle cap earns 5¢ for our school and all you have to do is save your bottle caps, bring them to school and drop them off in the collection bucket located in the office!
- We can earn even more money by getting our friends and family involved! Ask them to save Morning Fresh bottle caps for our school too!

King Soopers Gift Card fundraiser - Sign up online to get your card

- Simply load your card before purchasing groceries or gas
- 5% of your everything you spend will benefit the High Plains PTCO
- Get more details and sign up at www.highplainsptco.org/fundraising

continued on next page
High Plains PTCO
What’s Up!

Amazon Smile: Did you know you can earn money for High Plains School while shopping on Amazon?? AmazonSmile is the same Amazon that you know. Same products, same prices, same service. Follow these 3 easy steps and Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the High Plains PTCO. Thank you for helping support our school!

- Go to smile.amazon.com and login to your amazon account.
- Search for and select High Plains PTCO in Loveland, CO.
- Start Shopping!! The same Amazon products you love will be available!
- ** In order to support the PTCO you must always start your shopping at www.smile.amazon.com.

Volunteer Opportunities  All Volunteers must register online: www.thompsonschools.org/volunteer

Current Opportunities: www.highplainsptco.com/volunteer

The High Plains Parent Teacher Community Organization (PTCO)

- Visit our website to learn about who we are, why we are here, and how you can help! www.highplainsptco.org
- Have questions? Would like to volunteer? Shoot us an email! highplainsk8ptco@gmail.com
- Like us on Facebook for up-to-date information!

*The purpose of the High Plains PTCO is to enhance and support the educational experience, to develop a close connection between school, home and community by encouraging parental involvement, and to improve the environment at High Plains School through volunteer and financial support.*
Our Mission Statement

High Plains School’s Give Next class wants to help prevent child abuse and help support child welfare. With the generous funding from local community donors, we hope to promote child welfare and aim to stop child abuse with the support of local nonprofit organizations.

Grants Received

Our Give Next class has received 17! grants requesting more than $71,000! We currently have $6000 to give away so we will be making some tough choices in the next couple of months. Which grants should we fund? How does their mission statement go with ours?

Valentine Fundraisers

Our class will be selling hot chocolate on Thursdays after school for the month of February - be on the lookout for info. We will also be selling valentines during lunches that will be delivered on February 14th to students. Interested in sending your child a Valentine? Contact Ms. Joers and she will email you the information. Here is her email - janelle.joers@thompsonschools.org

Thank you

- To all of you who purchased ornaments - we made $195!
- To Mrs. Feeney for helping and approving our Valentine fundraisers

Thank you

Happy Valentine’s Day!
### Save the Date

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>February 5</td>
<td>P.I.E. Night 6:00pm</td>
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<tr>
<td>February 6</td>
<td>Late Start 9:20am</td>
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<tr>
<td>February 6</td>
<td>K-5 Class Pictures</td>
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<tr>
<td>February 13</td>
<td>Late Start 9:20am</td>
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<tr>
<td>February 18</td>
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<tr>
<td>February 19</td>
<td>PTCO Meeting 6:30pm</td>
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<td>February 20</td>
<td>Kindergarten Pictures</td>
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<tr>
<td>February 20</td>
<td>Late Start 9:20am</td>
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<tr>
<td>February 22</td>
<td>K-5 Movie Night 3:30pm-5:30pm</td>
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<td>February 26</td>
<td>Conferences 4:00pm-8:00pm</td>
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<td>February 27</td>
<td>Late Start 9:20am</td>
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<td>February 27</td>
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<td>February 28</td>
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<td>February 28</td>
<td>Conferences 4:00pm-8:00pm</td>
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<td>March 1</td>
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<td>March 12</td>
<td>PTCO Meeting 6:30pm</td>
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<td>March 18 – March 22</td>
<td>NO SCHOOL (Spring Break)</td>
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<tr>
<td>March 25 – March 29</td>
<td>CMAS Testing</td>
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<td>April 8 – 12</td>
<td>CMAS Testing</td>
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Blood Drive at High Plains School!

Location: 4255 Buffalo Mountain Drive, Loveland
Date: Friday, 2/15/2019 Times: 10:00 a.m. to 2:00 p.m.
Sign-up: SCAN the QR CODE below to sign up! (Or Click Here)

High Plains School is partnering with UC Health’s Garth Englund Blood Center to bring the blood-mobile back to the neighborhood! Give us 45 minutes and save a life!

For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients. While the actual draw only takes 5-8 minutes, before that, we do need to work with you to complete some paperwork and do a quick vitals check to ensure your well-being and the safety of the recipient.

Be sure to:
- Bring a photo ID
- Eat a good meal; you burn 650 calories while donating.
- Hydrate the day before and the day of donation
- Share this information with others - the more the merrier!

We ask:
1. Please use pen to complete the questions – i.e. no use of a PDF writer or other design program to write on the electronic copy.
2. Please answer question 1 (feeling healthy and well) the day of the blood drive.
3. Please print out the first two pages of the form; the rest are for your reference to read prior to coming to the bus. If you cannot print the form two sided, please staple the two pages together.

To ensure a speedy confirmation process, please observe these requests:
1. Complete your paperwork prior to coming to the bus. This includes having all travel documented from the past three years and have your ID as well.
8 Reasons to Donate Blood

- Every 3 seconds someone needs blood. An average of 40,000 units of blood are needed every day in the U.S.
- 20% of blood recipients are children – many are cancer patients!
- Giving blood is easy. It only takes about 40-45 minutes.
- You can save 2 lives. For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients.
- You can help people in your home town. Blood donated with the Garth Englund Donor Center are used right here in Northern Colorado.
- Your fluid volume is replaced very quickly. The human body is amazing. Your body will replenish the fluid lost during the donation within 24 hours.
- There is a great need for blood. Disasters like car accidents, fires, and other trauma cases happen every day. A bleeding trauma victim can run through 100 units of blood in no time.
- For men, there is a life-saving benefit to donating blood. Research shows if men give blood three times a year they can reduce their iron overload and therefore their risk of heart attack by as much as 50%!

For more information or to schedule an appointment, contact:

Garth Englund Blood Donation Center
1025 Pennock Place, Suite 104
Fort Collins, CO 80524
970-495-8965