Message from Mrs. Hanford

Happy New Year!

Truscott was a busy place in December. One of the many highlights was the 11th Annual Pozole Dinner. An estimated 400 people attended the event and the Café con Leche group raised over $900 to be used to support Truscott projects. A very special thank you to all the families and staff that helped cook, setup, serve and cleanup after the event. Thank you to PTO for their support as well! Our PTO raised $475 during the silent action portion of the event.

A very special thank you to Pete Heacox with Heacox Photography for donating his time to take pictures of each Truscott student for the holidays.

Finally, a very special thank you to the First United Methodist Church for opening their doors to our school. Overall, what a wonderful community event!

Continued
Message from Mrs. Hanford, continued...

In January, we have a few important events occurring at Truscott:

* January 15, 2019 from 5:30 – 7:30 pm, our 5th grade teachers will be hosting a potluck celebration night. Look for more details from the 5th grade teachers in early January.

* January 21, 2019 – No School, Martin Luther King Jr. Day

* January 28, 2019 from 3:15 – 4:00 pm, we will be having our 3rd Kindergarten Parent Meeting of the school year. We look forward to continuing to strengthen our partnership while also networking with other Kindergarten families.

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Important Dates

**January**

1st - 4th  No School-Winter break continues/
No hay clases-Vacaciones de invierno

14  Café Con Leche 8:45 a.m.

14  PTO and SAAC / PTO y SAAC  3:45 -5:15 pm

21  No School- Martin Luther King Jr. Day Holiday/No hay clases- Día de Martin Luther King Jr.
CÓMO SER PADRES
CON AMOR Y LÓGICA
Todos los lunes del 28 de enero al 4 de marzo
5:00PM - 7:00PM

¿Cómo puedo evitar conflicto cuando mi hijo quiere hacer su propia voluntad?

¿QUÉ ES AMOR Y LÓGICA?
Es una guía para criar a los niños que pone a los padres y maestros en control para que los niños sean responsables, y prepara a los niños para enfrentar los desafíos de la vida, donde tienen que tomar decisiones y enfrentar las consecuencias.

EL ENFOQUE DEL PROGRAMA
El enfoque del programa de Amor y Lógica ayuda a que los niños se desarrollen y crezcan de una manera saludable, les da confianza en sí mismos y les enseña a ser más responsables.

¿Cómo puedo hacer que mi hija limpie su cuarto sin discusiones?

EL TAMAÑO DE LAS CLASES ES LIMITADO A 20 PARTICIPANTES, ASÍ QUE REGÍSTRESE PRONTO!
Llame a Michelle Myers al (970) 623-6925 michelle.myers@thompsonschools.org o Claudeth Castellanos al (970) 960-2479

Hay guardería para los niños de tres a doce años

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Student Leaders Update

Student Leaders had a great time spreading Christmas cheer while caroling at Courtyard of Loveland Assisted Living last month. Their efforts were highlighted in a Reporter Herald article that can be viewed on the school’s website. To continue this theme, Student Leaders will be making New Year's cards for Meals on Wheels recipients this month. We will deliver the cards to Meals on Wheels January 14th and take a tour of the facility to learn about this worthwhile community program for homebound residents of Loveland.

We want to thank all the parents for their support with these after school activities! Be looking for information next month about Candy-Grams and Pencil-Grams! Students voted to donate the money we raise from this fundraiser to a local animal shelter.

Happy New Year!

Senorita Caylor and Mrs. Nichols

Heads Up!

Now that school is back in, it is a good time to remind parents to be on the alert for head lice. Head lice is a common childhood condition. All places where children get together are places where head lice can be transferred. Clean hair and home are no guarantee that head lice will not find your child. Please take a moment now and periodically throughout the year, to check your child’s hair for nits (eggs), which can usually be seen long before lice can be located. Nits are small, white to tan particles found in the hair that look a lot like dandruff, except that dandruff is loose and can be brushed from the hair, whereas nits are attached to the hair shaft and cannot be easily removed. Lice are very small (flea sized) and do not like light, so they can be hard to find. If your child is experiencing itching of the scalp or you see something in the hair and are not sure what it is, feel free to stop by the health office and allow us to check.

Sincerely,

Health office staff
# Lunch Menu

## Elementary Lunch

**January 2019**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>No School</td>
<td>2</td>
<td>No School</td>
<td>3</td>
</tr>
</tbody>
</table>

**Proud to Partner with LiveWell Colorado**

### 7
- Chicken and a Biscuit
  - Turkey and Cheddar Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Goldfish Crackers
  - Fresh Colorado Milk

### 8
- House Made Pizza, W/G
  - Chicken Bacon Ranch Wrap
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Fresh Colorado Milk

### 9
- Meatball Sub, W/G Bun
  - Italian Sub
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 10
- Chicken Lo Mein Bowl
  - Tuna Salad Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 11
- Los Cabos Enchiladas
  - Ham and Swiss Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 14
- Chicken Fajita Wrap
  - Turkey and Cheddar Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Goldfish Crackers
  - Fresh Colorado Milk

### 15
- Crispy Chicken Sandwich
  - Chicken Bacon Ranch Wrap
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Fresh Colorado Milk

### 16
- Hot Dog on Bun W/G Bun
  - Italian Sub
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 17
- Penne with Meatballs, W/G
  - Egg Salad Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 18
- Fish and Chips Basket K-5
  - Ham and Swiss Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 21
- No School

### 22
- Orange Chicken with Rice, W/G
  - Chicken Bacon Ranch Wrap
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Fresh Colorado Milk

### 23
- Hamburger on W/G Bun
  - Italian Sub
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 24
- Turkey Roast & Mashed Potatoes
  - W/G
  - Tuna Salad Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 25
- Cheese Calzone
  - Ham and Swiss Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 26
- Cheesy Nachos W/Real Cheddar Cheese
  - Nacho Meat, (optional)
  - Turkey and Cheddar Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Goldfish Crackers
  - Fresh Colorado Milk

### 28
- Cheese Etnos With Real Cheddar Cheese
  - Nacho Meat, (optional)
  - Turkey and Cheddar Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Goldfish Crackers
  - Fresh Colorado Milk

### 29
- Homemade Pizza Roll W/G
  - Chicken Bacon Ranch Wrap
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Fresh Colorado Milk

### 30
- Chicken Breast Nuggets, W/G
  - Italian Sub
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Whole Wheat Dinner Roll
  - Fresh Colorado Milk

### 31
- Meatloaf with Mashed Potatoes
  - Egg Salad Sandwich
  - PB&J Sandwich
  - Fruit & Salads Bar
  - Salad Bar Protein Pack
  - Biscuit
  - Fresh Colorado Milk

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*This institution is an equal opportunity provider.*

El USDA es una institución que ofrece igualdad de oportunidades.

Menu subject to change.

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*Source: U.S. Department of Health & Human Services*