Required Registration for school next year.

Look for this symbol at www.thompsonschools.org

http://www.thompsonschools.org/milner
May Calendar

May 2 – 2nd grade field trip to Rialto/Loveland History
May 3 – Last No Place for Hate/Student Council meeting until 4:15
May 5 – 1st grade field trip to Gardens at Spring Creek
May 6 – Spirit Day: Star Wars Day
May 6 – 4th grade field trip to Centennial Village
May 7 – Saturday! Run for the Trees event – see ad
May 9 – Walkathon Fundraiser (see info in child’s backpack!)
May 10 – Ninja Nation here during PE class time!
May 12 – Spirit Day: Blue and White Day (A classrooms wear white, B classrooms wear blue)
May 13 – NO SCHOOL
May 16 – 3rd grade field trip to Denver Museum
May 19 – 2nd grade field trip to the Denver Zoo
May 20 – Spirit Day: Hats and Sunglasses
May 20 – Awards Assembly (you’ll get an invitation if appropriate)
May 25 – All school field day
May 26 – Spirit Day: Sarah Milner T-shirt Day
May 26 – Last Day of School! Dismissal at 11:10
May 25 – All School Field Day

⇒ Families are welcome to come watch the excitement.
⇒ We do not put sunscreen on your children. Please send them prepared.
⇒ Please remember water bottles.

May 26th is a BIG DAY!

♦ Wear your Sarah Milner t-shirt!
♦ “Step Up” to your next grade level and meet those teachers.
  ♦ Pick up your medications from the health office.
  ♦ Get your final report card!
♦ Say goodbye to friends and teachers.
♦ Dismissal at 11:10am (no lunch is served).
**With the warm weather, please make sure your child has a water bottle!**

The water bottle should be labeled with your child’s name and should stay at school. We do not put sunscreen on children, so please do that at home and/or have your child wear a hat and layers.

**If you borrow clothes from the Health Office, please WASH and RETURN them so we can pass them along to the next student who needs them.**

Donations of sweatpants and t-shirts are always welcome (especially sizes kinder-2nd grade).

**Lost and Found items will be tossed or donated. Please look today!**
Saturday, May 7, 2022
2:30 PM – 5:00 PM
Mehaffey Park
3285 West 22nd Street, Loveland, CO, 80538,

2 MILE FUN RUN AND FESTIVAL

This event benefits Loveland Parks and Rec Foundation. Come enjoy food trucks, live music, vendors, sponsors, and a fun run to help raise money for the tree planting fund. Each participant will receive a custom bib, Blue Spruce tree seedling, reusable baggie, and lots of FUN!

PACKET PICK UP WILL BE ON FRIDAY, MAY 7TH, 5:30PM-6:30PM. (Location TBD)

RACE DAY REGISTRATION WILL BE 1-2PM.

RUNNERS START AT 2:30PM
BstrongBfit START AT 2:35PM

Reach Parents in Larimer County through our mobile-ready newsletters
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Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com
At Sarah Milner, students use In Focus among other options for daily social emotional lessons. During bi-weekly counseling lessons with the school counselor, students will discuss Zones of Regulation (a curriculum on focused on emotional regulation), social skills, and college and career readiness among other topics. Additionally, students have the option to be included in small groups or work with the counselor (or school psychologist) one on one to develop social emotional skills that will assist them throughout the school environment.

May is Mental Health Awareness month. Managing your students mental health can help prevent problems at home, at school, and improve development as children age. The past few years have been hard for youth and adults alike. All of us may benefit from therapy, but it can be expensive, it takes time, it is hard to find resources. The state of Colorado wants to help our youth access therapy (counseling). The Colorado Department of Human Services has established I Matter and the program provides up to 6 free therapy sessions for youth in Colorado. I Matter is open to Colorado youth 18 years old or younger and 21 years old and younger if they are receiving special education services. The appointments can be virtual or in person.

In addition to seeking therapy, there are things that can be done at home to help improve youth mental health. Ensure your child gets adequate sleep. Proper nutrition is beneficial. Limit screen time and do not over schedule your child. Spend time doing activities as a family and model positive behaviors and ways of coping for your child.

“I want to understand my big feelings because I matter.”

Other Resources

I Matter—https://imattercolorado.org/


Mental Health America—https://www.mhanational.org/childrens-mental-health

Children’s Hospital Colorado—https://www.childrenscolorado.org/doctors-and-departments/departments/psych/family-resources/mental-health-resources/