Did You Know?

Your child needs 9-12 hours of sleep a night!

So, if they wake up at 7am, they should be asleep sometime between 7pm and 10pm.

If your child is crabby or defiant, there is a good chance they are not getting enough sleep. You will have better luck getting them to sleep if you set a regular routine, like: put on pajamas, brush teeth, read a story together, lights out (with no tv, phone, or electronic game).

https://www.sleepfoundation.org
Upcoming Dates

January 22 – Spirit Day – Pirate Day
January 29 – Spirit Day – College Day
February 4 – FACE to FACE Parent Meeting
February 5 – Spirit Day – Disney Day
February 11 – Class Picture Day
February 11 – Spirit Day – Crazy Sock Day
February 12-15 – No School
February 19 – Spirit Day – Backwards Day
February 24 – Spirit Day – SMES T-shirt Day
Week of February 22 – P/T conferences
February 25-26 – No School
Class Photos are on Thursday, February 11th!

Holiday Thank You!

Thank you for your generosity! Our staff, families, and community members were able to provide Giving Tree Gifts for 33 of our Sarah Milner children during the holiday season.

Thank you LifeSpring Church!

A huge THANK YOU to LifeSpring Church! Their Christmas offering is providing $10,000 to Boys and Girls Club to provide programming for middle school students and over $4,000 to Sarah Milner for virtual field trips.

ATTENDANCE: Please call 613-6790

If your child is going to be absent from school, please call the attendance line at 970-613-6790.

Health Office Reminder

If you borrow clothes from the Health Office, please WASH and RETURN them so we can pass them along to the next student who needs them.

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.
You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com
Have you been wondering why we have College T-shirt days every month?

Have you heard we do college trivia every day focusing on a different school each month?

Here's why!

Sarah Milner Elementary School, Walt Clark Middle School, and Thompson Valley High School all participate in the AVID program. AVID, which stands for Advancement Via Individual Determination, is a nonprofit college-readiness program designed to help students develop the skills they need to be successful in college. The program places special emphasis on growing writing, critical thinking, teamwork, organization and reading skills. AVID Elementary is a foundational component of the AVID College Readiness System that supports AVID's mission and vision. As a school wide approach AVID Elementary focuses on embedding researched based instructional best practices in the areas of instruction, culture, leadership, and systems. AVID Elementary schools work with the teachers, staff, families, and students to build a college and career going culture that increases student success in all content areas.

Online registration for fall 2021 has started.

If you want your child to go to a school other than their attendance area school of their PRIMARY household, you need to complete an online Open Enrollment form. This is completely separate from school registration.

PLEASE NOTE: Your SMES student will automatically roll over to the next school year. You do NOT need to do an Open Enrollment form to stay at Sarah Milner.

PLEASE NOTE: Current fifth grade students will automatically roll over to their ATTENDANCE AREA middle school. (It may not be Walt Clark Middle School.) If you want to go to a middle school other than what your primary home address dictates, you will need to fill out an online Open Enrollment form at www.thompsonschools.org. Contact the school you want your child to go to. If you don’t know your middle school, check online at the district website or call the school office.

If the temperature is above 15 degrees, we will be OUTSIDE. Please dress appropriately.
COVID Screening Tool

At-Home COVID-19 Symptom Screening Tool for Parents and Staff

Parents and guardians can use these symptom checklists to determine when to keep their child at home. School staff can also use this tool to determine if they need to stay at home. Any student or staff diagnosed with COVID-19 or who is a close contact of a COVID-19 case should not go to school and should isolate or quarantine according to public health recommendations regardless of current symptoms.

This symptom screen refers only to new symptoms or a change in usual symptoms. A student/staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance). Please refer to the Thompson School District guidance to determine when it is appropriate to return to school.

If your child is you are experiencing any potentially life-threatening symptoms, please call 911.

Symptom Screen: If any of the following symptoms are present, keep the child at home/stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- Loss of taste or smell
- New or unexplained persistent cough
- Fatigue
- Headache
- Nausea or vomiting
- Runny nose or congestion
- Feeling feverish, chills, or temperature 100.4°F or higher
- Shortness of breath/difficulty breathing
- Muscle aches
- Sore throat
- Diarrhea

In accordance with the Larimer County Department of Health and Environment guidance during the ongoing COVID-19 pandemic, students and staff with any of the symptoms listed above must be kept home until at least one of the following criteria has been met:

1. Symptoms completely resolved and stayed resolved (MUST be home for 2 days to determine this) and on the day of planned return, the individual has been 24-hours fever free without the use of fever-reducing medications and is able to pass the at-home symptom screening tool (page 2) and symptoms did not include a loss of taste or smell.

2. Symptoms lasted longer than 48 hours and either
   a. The individual has remained home for 10 days following symptom onset and has been 24-hours fever free without the use of fever-reducing medications and has had improvement of other symptoms (*always required for loss of taste/smell even with a negative test).
   b. OR The individual has provided written proof of a negative COVID-19 test and is able to wear a mask safely.