New computers for all students!
(Return your old one!)

Each in-person Sarah Milner student who has checked out a Thompson School District device will need to return their device and charging cord to Sarah Milner by Tuesday, March 9th.

All students will be receiving new devices on Wednesday, March 10th.
Important Dates

Mar 2 – 4th grade No Place for Hate/Student Council 3:10-4:15
Mar 5 – Spirit Day – Favorite Book Character Day

Mar 10 – Free Resource Day at LifeSpring Church (see details below)
Mar 12 – Spirit Day – Mismatch Day
Mar 15-19 – Spring Break – No School – (B&G Club is open)
Mar 26 – Spirit Day – College Day

April 2 – Spirit Day – Sports Day
April 9 – Spirit Day – Twin Day
April 15 – Spirit Day – Inside Out Day
April 23 – Spirit Day – Blue and Black Competition Day
    “A” Classrooms KA, 1A, 2A, 3A, 4A, 5A wear black
    “B” Classrooms KB, 1B, 2B, 3B, 4B, 4B wear blue
April 30 – Spirit Day – Sarah Milner T-shirt Day

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Comprehensive women’s healthcare for all stages of life.

Loveland & Fort Collins
970.493.7442
womensclinicnoco.com
Facts about registering for school for next year:

ALL current TSD students: ANNUAL STUDENT REGISTRATION (formerly called Annual Family Update). Many of you have already done this. Thank you!

PLEASE go to our district website: www.thompsonschools.org click on the “Resources for Parents” icon at the bottom of the page. The “Parent Portal” link will be listed at the top of the next page. Log in, and complete the Annual Student Registration. There is an option if you’ve forgotten your username/password.

For next year’s kindergarten students, you can “add a student” when completing the above form.

“Open Enrollment” is only for students who are REQUESTING to attend a different school. Do NOT fill out this form if you want to stay at SMES. You will remain our student until you request otherwise. “Open Enrollment” is for CHOICING into a different school. It is NOT the same thing as school registration.

Masks

As a reminder for our all of our in-person families: face masks are an important piece of the school's plan that allows us to provide in-person instruction. The school has a limited number of masks for students who forget or need a replacement. It would be an immense help if your child would keep 1-2 extra masks in your child's backpack as a back-up in the event your child forgets or their mask becomes dirty during the course of the day.
Sarah Milner is an AVID school.
What does that mean?
Have you been wondering why we have College T-shirt days every month?
Have you heard we do college trivia every day focusing on a different school each week?
Here’s why!
Sarah Milner Elementary School, Walt Clark Middle School, and Thompson Valley High School all participate in the AVID program. AVID, which stands for Advancement Via Individual Determination, is a nonprofit college-readiness program designed to help students develop the skills they need to be successful in college.
The program places special emphasis on growing writing, critical thinking, teamwork, organization and reading skills. AVID Elementary is a foundational component of the AVID College Readiness System that supports AVID’s mission and vision. As a school wide approach AVID Elementary focuses on embedding researched based instructional best practices in the areas of instruction, culture, leadership, and systems. AVID Elementary schools work with the teachers, staff, families, and students to build a college and career going culture that increases student success in all content areas.

Please make sure your child has a water bottle!
The water bottle should be labeled with your child’s name and should stay at school.

If the temperature is above 15 degrees, we will be OUTSIDE. Please dress appropriately.

Sorry! There are NO birthday treats allowed this year.

If you borrow clothes from the Health Office, please WASH and RETURN them so we can pass them along to the next student who needs them.
Help for families:

If you need help with internet service or clothing or food, please email the school counselor reneka.hall@thompsonschools.org or the secretary kari.berg@thompsonschools.org and they will connect you with resources.

From the School Counselor:

Calm Down Strategies

At Sarah Milner, students use In Focus for daily social emotional lessons. During classroom guidance lessons with the school counselor, students have used the Zones of Regulation program to learn strategies for emotional regulation. One common strategy used by both of these programs, and many others alike, is belly breathing. By focusing on their breathing, students are distracted from the trigger that is upsetting them and they are also working to regulate their nervous system. You can help your child do belly breathing using the following steps:

1. Have your child lay down in a comfortable position and place a stuffed animal on their belly (or their hands if they’d like).

2. Instruct your child to take deep breaths, breathing in through the nose and out through the mouth. They should try to make their stuffed animal rise up on their belly as high as possible. It may be helpful to count while they are breathing - for example, 4 counts in and 4 counts out. It is also helpful if you yourself do some deep breathing. Even if your child doesn’t realize it, their body will begin to copy yours. If you don’t have a stuffed animal available, or they prefer to be seated instead of laying down, that’s okay too! You being present and helping guide their breathing can bring them back to a more regulated emotion.

Hot Lunch Distribution Sites every Monday, Wednesday, and Friday

10:00am-11:00am Bill Reed Middle School: 370 W. 4th St., Loveland 80537
11:15am-12:15pm Berthoud High School: 850 Spartan Ave., Berthoud 80513
11:15am -12:15pm Lucile Erwin Middle School: 4700 Lucerne Ave., Loveland 80538

As always, check the district website for updates: thompsonschools.org > Nutritional Services
Pop-up Resource Center

Join us for a POP-UP RESOURCE Center!

Wednesday, March 10

Food & Clothing
Care Navigation
Employment Coaching
Children’s Books & Games

“New! The Loveland Library will be joining us with kids crafts & resources

2 to 4:30 PM
743 S. Dotsero Drive

www.LifeSpringChurch.org/pop-up

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Centro de Recursos Gratis

Le invitamos venir Miércoles, el 10 de Marzo

2 al 4:30 de la tarde
743 S. Dotsero Drive

Comestibles y Ropa
Libros y Jugos para niños
Consejo financiero
Ayuda con empleo

Nueva! La Biblioteca Loveland participará con nosotros con artesanías para los niños y con recursos.

www.LifeSpringChurch.org/pop-up
**Pop-up Resource Center**

**COVID-19 Testing in TSD**

Two types of testing opportunities available:

1. Rapid test (BinaxNOW) for people with a COVID-19 symptom(s)
   - At TVHS Ray Patterson Field drive through
   - Mondays and Fridays 6:30 to 8 am
   - TSD Health Services and Operations will staff testing site
   - Same-day results

2. Nasal PCR test for people with or without symptoms
   - At TSD Administration Building drive through
   - Wednesdays 3pm - 5pm
   - LCDHE and TSD Operations will staff testing site
   - Results typically available in 2-5 days

Testing Link: [https://larimerhealth.secure.force.com/RegisterForTest/](https://larimerhealth.secure.force.com/RegisterForTest/)
TSD Pin: TSDRAPIDTEST20